Family Digital Device Use Agreement

This contract should be accompanied by a digital usage timetable for the family, outlining screen time limits, a homework schedule, and other relevant considerations identified by the family.

This agreement is made between:

Parent(s)/Guardian(s): _____

and

Child(ren): _____

The purpose of this agreement is to establish clear expectations and responsibilities for using digital devices and the Internet safely. This is a collaborative agreement to help protect everyone while fostering trust, independence, and mutual respect. By signing this agreement, all agree that the parents are in charge of the Internet in the home and all digital devices, in the interest of keeping the children and family safe.

It is agreed by all parties:

1. There will be respect and communication within the family surrounding Internet and

    device use.

2. Parents agree to explain rules and decisions regarding digital supervision openly and

    respectfully.

3. The child agrees to communicate openly about online activities, challenges, or concerns.

4. Devices may be used during the following hours: _____.

5. Devices must not be used during meals, family time, nor bedtime.

6. The child agrees not to share personal information on social media, chats, gaming chats, or any other online activity including: full name, address, phone number, names of parents/siblings, where parents work, pictures, videos - online without parental approval.

7. The child agrees not to share personal information about any member of the family without parental approval.

8. The parent(s) agree not to share pictures, videos, personal information on social media, chats, gaming chats, or any other online activity about their children.

9. It is agreed that parents will educate and guide the child in recognizing online risks such as scams, predators, and inappropriate content.

10. Parents may monitor online activity, including browsing history and app use, without prior notice.

11. The child agrees to provide access to devices and accounts as needed for safety checks.

12. Cellphones will be docked in the parental bedroom at _____ p.m. for charging.

13. Social media accounts may only be created with parental approval, up to the age of 12, or higher, depending on the situation in the home.

14. Friends or followers must be known personally by the child unless otherwise approved.

15. The child agrees to treat others with kindness and respect online, avoiding bullying or inappropriate language.

16. The child will not engage with peers to bully or harass anyone online.

17. Parents agree to model appropriate behavior and avoid overreacting to mistakes.

18. Minor violations (e.g., staying online past agreed hours): Loss of device privileges for

    _____.

19. Major violations (e.g., engaging with inappropriate content): Loss of device privileges for

    _____ and a discussion about why the behavior is harmful.

20. It is agreed that this agreement will be reviewed every three months or as deemed

    necessary.

21. Both parents and children may suggest updates as technology and needs evolve.

Signatures

We agree to follow the guidelines set forth in this contract and to support each other in fostering a safe and positive online environment. Signed in:

_____City

_____ Date

Parent(s)/Guardian(s):   **Children:**

_____   _____

_____   _____